



## WILCOX COUNTY COMMUNITY IN ACTION

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<https://blackbeltcommunitiesinaction.org>



**Be Smart. Be Sober. Be Safe.  
Travel Alcohol & Drug Free!**

## Public Messages NATIONAL WELLNESS MONTH

All during August, National Wellness Month focuses on self-care, managing stress and promoting healthy routines. Create wholesome habits in your lifestyle all month long and see how much better you feel!

Research has shown self-care helps manage stress and promotes happiness. Whether you challenge yourself to a new yoga pose or try a different spa treatment, make a slight change, and impact your health in positive ways.

Visit [www.wellnessmonth.com](http://www.wellnessmonth.com) for a calendar of daily challenges for small ways you can choose to be well each day. Because we believe that small, daily acts of self-care lead to a lifetime of wellness.

## CALENDAR OF EVENTS

August 1, 2022  
Camden-City Council  
Mtg.  
Camden, AL  
6:00 p.m.

August 3, 2022  
Wilcox County Board of  
Ed.  
Meeting-Virtual  
5:30 p.m.

August 2, 9, 19, 23, & 30,  
2022  
Communities of  
Transformation Meeting  
Pine Hill, AL  
6:00 p.m.

August 8, 2022  
Pine Hill City Council  
Mtg.  
Pine Hill  
5:30 p.m.

August 9, 2022  
Wilcox County Coalition  
in Action-Virtual  
Meeting  
12:00 Noon

August 9, 2022  
H.E.A.L.I.N.G Meeting  
Hope Center  
Camden, AL  
6:00 p.m.

August 10, 2022  
Speaking Engagement  
Partners in Progress  
Pine Apple, AL  
7:45 a.m.

## **INFORMATION DISSEMINATION**

### **BACK TO SCHOOL COMMUNITY FUN DAY**

Pine Hill Mission and Foodbank

Back to school giveaways are happening more often as the start of school quickly approaches. Some parents are taking advantage of the opportunity as money becomes tighter because of high inflation.

Pine Hill Mission and Foodbank hosted its annual Back to School Bookbag Community Fun Day Sunday, July 31, 2022, at Gates Park. Organizers called it a success because of the number of people who showed up and the amount of school supplies it gave away. Families who came early walked away with brand new backpacks and other school supplies.

The Wilcox County Coalition in Action disseminated brochures, pamphlets, wallet cards, flyers, and promotional items. The promotional item included wristbands, water bottles, key chains, and phone stands. Also, the information distributed was as follows: Underage Drinking Myths and Facts flyers, Rethinking Drinking booklets, Harmful Interactions: Mixing Alcohol with Medicines Pamphlets, and Talk They Hear You: Before She Heads Off to school, Talking to Kids About Alcohol and other Drugs, and Before She Gets Behind the Wheel. The Wilcox County Coalition is a Coalition to Educate Communities about Alcohol and Drug Addiction, to bring about change. is a Coalition to Educate Communities about Alcohol and Drug Addiction, to bring about change.

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August 10, 2022

Wilcox County Chamber  
Mtg.  
Camden, AL  
12:00 p.m.

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August 10, 2022

Wilcox County Chamber  
Meeting  
Camden, AL  
12:00 p.m.

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August 10, 2022

UWSWA Resource  
Network Meeting  
Virtual  
1:00 p.m.

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August 13, 2022

R.E.A.A.L. M.E.N.  
Youth Male Mentoring  
Meeting  
Camden, AL  
TBA

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August 17, 24, & 31, 2022

Campaign to Limit  
Access to Alcohol-  
Wilcox County Coalition

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July 25 or 27, 2022

St. Thomas A.M.E.  
Drive By Food Drive  
Lower Peachtree, AL  
4:00 p.m.

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