



**REGISTER TODAY if you are planning on attending.
We are nearing our maximum capacity at Shocco
Springs! Late Registration Fee is now in Effect!**

2022 AL Youth Mental Health Conference (AYMHC)

September 21, 2022 at Shocco Springs Conference Center
1314 Shocco Springs Rd, Talladega, AL 35160

REGISTER NOW

CONFERENCE AGENDA

ATTENDEES (ADULTS & STUDENTS)

Late Registration Fee/Onsite \$35

2 Hours of Professional Development through PowerSchool (you must register through PowerSchool to receive professional development) and social work CEUs (Pending) will be offered. Certificates of Attendance will also be available.

ESSER Funds Eligible

SPACE IS LIMITED - REGISTER NOW!

Learn more about the [Keynote Speaker here!](#) Don't miss this valuable *In-Person* event at Shocco Springs Conference Center, September 21, 2022.

Visit www.thefocusprogram.com to register and for information.

CONTACT US

FOCUS



Addiction
Prevention
Coalition



BlueCross BlueShield
of Alabama



Register Your School with FOCUS!

Welcome to all our new and renewed schools for the 2022-2023 school year! As a reminder, we request that all registered facilitators renew each year to update information. Please take a moment and click on the link below to submit your registration.

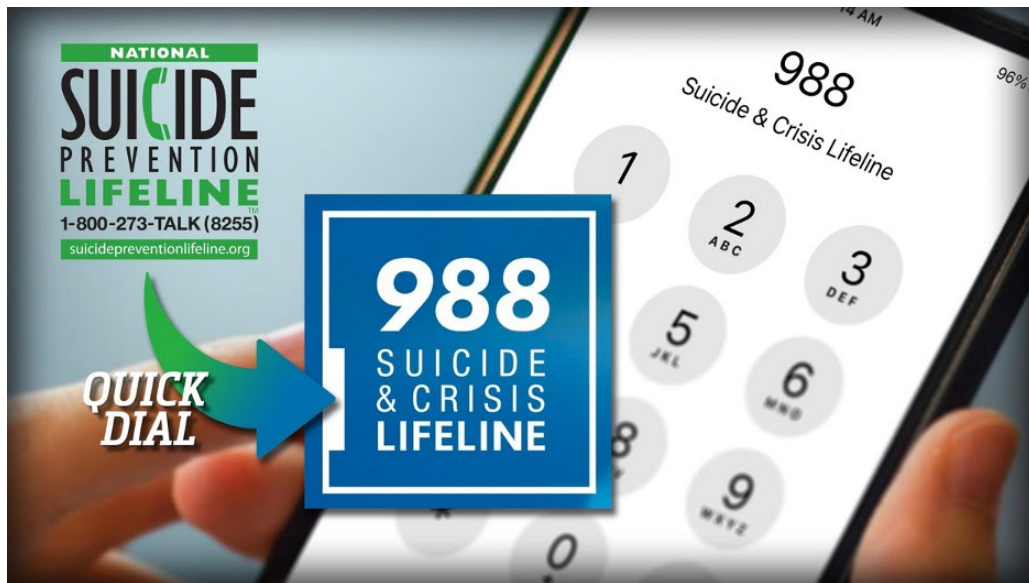
[Register Your School](#)

FOCUS Student Trainings

Kim Bailey is available for FOCUS Student Trainings. Registered FOCUS schools may now schedule face-to-face trainings on various topics including suicide prevention, stigma, tobacco prevention, dating/relationships, sexual health, HIV and other sexually transmitted infections, effective communication, and emotional

wellness. Other topics may be available upon request.

Schedule now to reserve the dates you prefer. To schedule, contact Mrs. Kim Bailey at KimBaileycounseling@gmail.com or call (205) 910-3692.



New! 988 Suicide & Crisis Lifeline!

988 is now the active phone number that will route callers to the National Suicide Prevention Lifeline. This shorter number is easier to remember, and it provides free and confidential support for anyone in distress.

Be sure to share this updated information with staff and students in your school and community. Let everyone know that when they call, text or chat 988, they will be connected to trained counselors who will listen and help, 24/7. They will even assist you if you know of someone who is in distress. This can be reassuring when you are trying to assist a student or peer and need professional help.

**The previous Lifeline phone number (1-800-273-TALK) will always remain available for people in emotional distress or suicidal crisis.*



Mental Health **FIRST AID**

from NATIONAL COUNCIL FOR MENTAL WELLBEING

Are you interested in Youth Mental Health First Aid Certification?

Register today by emailing KimBaileycounseling@gmail.com

Only 25 spots remaining!

Date: Friday, November 4, 2022

Time: 8:30am - 4:00pm

Location:

Shelby County Instructional Services Center

[601 1st Street South](#)

[Alabaster, AL 35007](#)

YMHFA Certification is valued at \$170.00. Thanks to a donation from the FOCUS Program, attending learners may participate and attain certification at no charge.

Trainers:

Kim Bailey, MEd, ALC

Assistant FOCUS Director, Central AL

Retired Shelby County Schools Counseling Supervisor

kimBaileycounseling@gmail.com

205-910-3692

Jennifer Bailey, EdS

Director of Student Services, Vestavia City Schools

baileyjg@vhcs.us

205-305-3812

For more information about mental health first aid, visit:

<https://www.mentalhealthfirstaid.org/population-focused-modules/youth/>.

REMEMBER to tap in to the many resources available on the Facilitator Portal at www.thefocusprogram.com.

Digital FOCUS Brochure; Implementation Guide; Videos; Posters; Character Education Resource; PowerPoint for FOCUS Extracurricular Implementation; HIV Teacher Training; HIV 101; FOCUS Group Training; Certificates of Leadership and Participating; and numerous other resources!

[Visit Facilitator Portal](#)

[Register Your School](#)

A new FOCUS student brochure is now available!

Free hard copies are available by request! Email sjones@thefocusprogram.com to place your order. A digital copy is available for printing on the FOCUS Facilitator Portal.





Connect with FOCUS!

Stay up to date on everything that is happening with FOCUS by following us on social media! Don't hesitate, follow us today!



Monthly Health Observances

We encourage all FOCUS schools to engage in at least one health observance activity each month. Each month has some excellent choices for students on your campuses to "Make a Difference" and to encourage their peers to participate.



National Health Observances

September

- 1-30 National Suicide Prevention Month
- 1-30 Childhood Cancer Awareness Month
- 1-30 National Childhood Obesity Awareness Month
- 1-30 Sexual Health Awareness Month
- 8-14 National Suicide Prevention Week

October

- 1-31 Domestic Violence Awareness Month
 - 1-31 National Bullying Prevention Month
 - 1-31 National Breast Cancer Awareness Month
 - 6-12 Mental Illness Awareness Week
 - 9 National Walk to School Day
 - 11 National Depression Screening Day
 - 23-31 Red Ribbon Week
-



BETTER TOGETHER

COMMUNITY PARTNERSHIPS

FOCUS values continued partnerships with the following state and community organizations.

- Alabama Department of Public Health
- Alabama Department of Education
- Alabama Campaign for Adolescent Sexual Health
- Addiction Prevention Coalition
- Children's Policy Council
- Council for Leaders in Alabama Schools (CLAS)
- Blue Cross Blue Shield of Alabama



Council for Leaders in Alabama Schools



Addiction Prevention Coalition



BlueCross BlueShield of Alabama





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