



WILCOX COUNTY COMMUNITY IN ACTION

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<https://blackbeltcommunitiesinaction.org>



**Be Smart. Be Sober. Be Safe.
 Travel Alcohol & Drug Free!**

**Public Messages
 Quality of Life Month
 January 2024**

January is the month that focuses on how a person can improve the quality of life they are currently living. But you may ask, how is that possible? Well, there is always something that you can add to your life to make it better. This can include a daily walk, a workout plan, reading a few pages of a book every day, or simply giving up on bad habits such as excessive drinking or smoking. Yes, this is the time you commit to improving your life, and the lives of those around you. The aim is to achieve happiness in any way that you can!

Click on the link below to learn more about how you can get involved: [https:// nationaltoday.com/international-quality-of-life-month/](https://nationaltoday.com/international-quality-of-life-month/).

CALENDAR OF EVENTS

Wilcox County Community Coalition in Action
<https://blackbeltcommunitiesinaction.org/wilcox-county/>

January 8, 2024
 Pine Hill City Council Mtg.
 5:30 p.m.

January 8, 2024
 City Council Meeting
 Camden, AL
 6:00 p.m.

January 9, 2024
 Wilcox County Coalition
 In Action Meeting
 12 Noon

January 10, 2024
 Wilcox County Chamber Mtg.
 12 Noon

January 10, 2024
 Wilcox County Board of Ed
 Regular Meeting.
 5:00 p.m. (Virtual)

January 10, 2024
 Wilcox County
 Commissioner's Meeting
 Courthouse Annex
 5:30 p.m.

January 13, 2024
 Women Spiritual Group
 The L&S Building
 Highway 43 N.
 Pine Hill, AL

INFORMATION DISSEMINATION

Wilcox County Community Coalition in Action

***Be Smart! Be Sober! Be Safe!
Travel Alcohol Free!***

The Wilcox County Community Coalition (WCCC) is continuously recruiting new members to bring positive change to Wilcox County. The WCCC's focus is on the prevention of underage drinking in Wilcox County by implementing various activities throughout the community. Members of this coalition all have a passion for making Wilcox County a safe community for our children by providing them with knowledge and understanding in hopes that it may prevent incidents in the future related to underage drinking.

Please join us for our first coalition meeting of the year on January 9, 2024, at 12 noon on Zoom. If you need further details, please contact: Brenda Autry, PFS Coalition Coordinator-Wilcox County at bautry@altapointe.org.

January 15, 2024

Dr. Martin L. King, Jr. Day

January 17, 2024

Yellow Baptist Church
Drive-By Food Distribution
Pine Hill, AL
8:00 a.m.

January 18, 2024

St. Thomas A.ME.
Drive By Food Distribution
4:00 p.m.

January 24, 2024

Blackbelt Taskforce Mtg.
Via Zoom
12:00 p.m.

January 29, 2024

SAMHSA's 20TH
PREVENTION DAY
National Harbor, Maryland
[https:// forum.cadca.org/registration](https://forum.cadca.org/registration)



SAMHSA's 20th Prevention Day!

Join us on January 29 for the largest annual national gathering dedicated to advancing the prevention of substance use and misuse. We'll celebrate the 20th anniversary of SAMHSA's 20th Prevention Day (SPD), explore current innovations, reflect on past accomplishments, and chart a course for the future of prevention.

[Register for SAMHSA's 20th Prevention Day!](#)

SAMHSA's 20th Prevention Day - Four Reasons to Attend

SAMHSA's 20th Prevention Day takes place on Monday, January 29, 2024, in conjunction with CADCA National Leadership Forum at the Gaylord National Resort & Convention Center near Washington, D.C.

SAMHSA's Prevention Day celebrates its 20th anniversary by exploring innovations and emerging issues; reflecting on past accomplishments; and charting a course for the future of prevention.

FOR FURTHER INFORMATION CLICK ON THIS LINK:

[https:// www. www.samhsa.gov](https://www.samhsa.gov)
