

## H.O.P.E. CONFERENCE SERIES Helping Our Professionals Excel

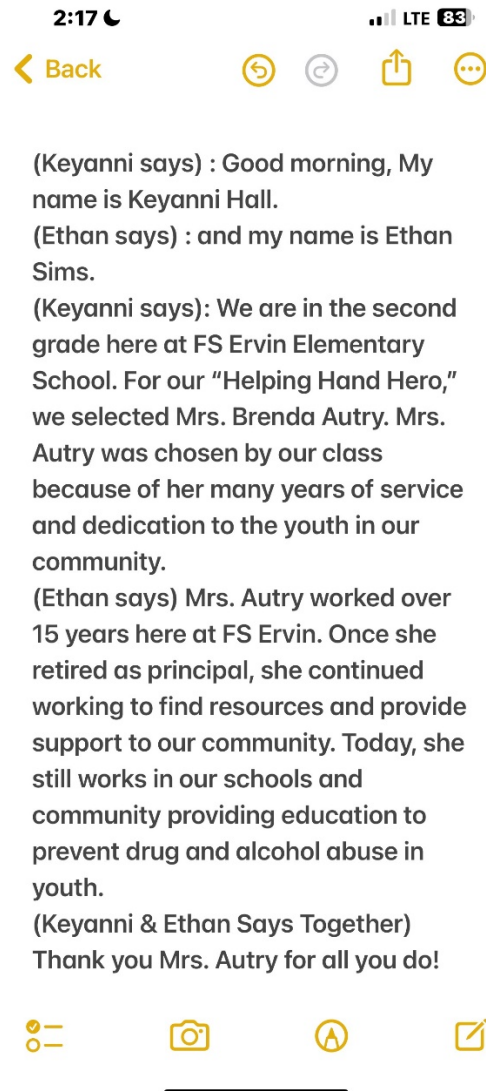
Mrs. Terrell presented “IYKYK (If You Know You Know): Helping Young People in Mental Crisis” workshop during the HOPE Conference Series. She was thorough and explicit in her presentation as she provided pertinent information that could be used to identify signs and symptoms of children/teens in mental crisis. For instance, understanding they language children/teens are using that takes on new meanings. “Suicide Necklace,” means I am going to hang myself. Also, she discussed ways to show empathy using Maslow’s Hierarchy of Needs (<https://www.charlotteeterrell.com/about>).

Mrs. Ann Marie Meadows discussed the “Dis-ease” of Addition by identifying current drug trends. The focus was on Alcoholism in teens, how they access it, where they access it, and the many types, doses, treatment, recovery using evidence-based research. She used a chart from the SAMHSA website to report the current data on alcohol use (<https://www.samhsa.gov/sites/default/files/alcohol-use-facts-resources-fact-sheet.pdf>).

Lastly, Mr. Logan Rogers and Mr. Paul Murden explained the difference between Schizophrenia and Bipolar I Disorder. They ensured each participant understood the cardinal symptoms of each diagnosis by giving an overview of the treatment modalities and identified strategies to improve outcomes and reduce recidivism.



The PFS Wilcox County Prevention Coalition Coordinator was given the "Helping Hand Hero" Award for her tireless efforts to create a drug-free environment. The award was presented during the Liberty Learning Foundation Closing Program at the local school. Two students presented the award on March 13, 2024. They read the following:



# READ ACROSS AMERICA MONDAY, MARCH 4, 2024

The PFS Wilcox County Prevention Coalition Coordinator (PFS-WCPCC) read to the students at F.S. Ervin Elementary School in observance of Read Across America Week celebrated from March 2 to 6 — it begins on the birthday of the beloved author, Dr. Seuss. The entire month of March, in fact, is dedicated to reading.

I read “Fox in Socks” because it was Crazy Sock Day to four classes.



(L to R) PFS Coordinator, G. Washington, Teacher-Ms. Burroughs, & Reading Specialist-Mrs. G. Martin



(L to R) Mrs. G. Washington, Principal F. Wiggins, Mrs. B. Autry-PFS Coordinator



Mrs. B. Autry-PFS Coordinator