



**Be Smart. Be Sober. Be Safe.  
Travel Alcohol & Drug Free!**

**Public Messages  
American Diabetes Month**

November is National Diabetes Month, a time when communities across the country seek to bring attention to diabetes. This year's focus is on taking action to prevent diabetes health problems. Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high.

Use the resources below to share this year's theme, **Take Charge of Tomorrow: Preventing Diabetes Health Problems**. Help build awareness and support people in preventing or managing diabetes.

[https:// www.niddk.nih.gov/health-information/community-health-outreach/national-diabetes-month/toolkit/](https://www.niddk.nih.gov/health-information/community-health-outreach/national-diabetes-month/toolkit/)

CALENDAR EVENTS

Wilcox County Community Coalition  
in Action

<https://blackbeltcommunitiesinaction.org/wilcox-county/>

November 2, 2024

Farmer's Market  
2200 Camden Bypass  
Hwy 10 West Camden, AL  
8:00 a.m.

November 6, 2024

Gees Bend Welcome Center  
Operation Wipe Out  
Breast Cancer Screening  
9:00 a.m. – 2:00 p.m.

November 7, 2024

Wilcox County Packing Day  
Selma Food Bank  
101 Craig Industrial Park, Ave. C  
Selma, AL 8:00 a.m.

November 12, 2024

Pine Hill City Council Mtg.  
5:30 p.m.

November 12, 2024

Wilcox County Community Coalition  
Meeting (Virtual) 12:00 p.m.

November 13, 2024

Wilcox County BOE 5:00 p.m. (Virtual)

November 14, 2024

Yellow Bluff Baptist Church  
Drive-By Food Distribution  
Pine Hill, AL 8:00 a.m.

November 14, 2024

Wilcox County Commissioner's Meeting  
Courthouse Annex 5:30 p.m.

November 15, 2024

Wilcox County Chamber Mtg.  
12 Noon

November 16, 2024

Women's Warrior Walk  
The Johnson Center  
1424 Alabama Highway 5  
Pine Hill, AL 9:00 a.m.

November 21, 2024

St. Thomas A.M.E.  
Drive By Food Distribution  
9:00 a.m.

November 28, 2024

Thanksgiving Day

